

## VENDING MACHINE & SNACK SALES POLICY<sup>1</sup>

Policy Code: 6235

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Beginning with the 2003-2004 school year, the following policy will govern all beverage and snack items sold during the school day.

**Elementary Schools:** Snacks may have no more than 35 percent of calories from fat [unless at least 15% of the fat calories are from a protein source] and contain no more than 35 percent sugar by weight. Approved beverages are milk<sup>2</sup>, water, or a juice drink that is at least 50 percent fruit juice.

**Middle Schools:** Snacks may have no more than 35 percent of calories from fat and contain no [unless at least 15% of the fat calories are from a protein source] more than 35 percent sugar by weight. Approved beverages are milk<sup>2</sup>, water, flavored water, low sugar non-carbonated drinks<sup>3</sup>, or a juice drink that is at least 50 percent fruit juice.

**High Schools:** Snacks may have no more than 35 percent of calories from fat [unless at least 15% of the fat calories are from a protein source] and contain no more than 35 percent sugar by weight. Approved beverages are milk<sup>2</sup>, water, flavored water, low sugar non-carbonated soft drinks<sup>3</sup>, sports drinks that comply with state nutrition standards, or a juice drink that is at least 50 percent fruit juice.

Bottled water will be available at every school that has beverage vending.

The director of child nutrition will evaluate and maintain nutritional sheets on all snack items sold in school cafeterias. Principals will evaluate items sold in school vending machines.

Food services for Cherokee County Schools will comply with federal and state requirements as new regulations are issued.

Adopted: July 10, 2003  
Amended: December 14, 2006  
Amended: December 11, 2008

**Cross Reference:** Goals of Student Food Services (Policy 6200); Nutritional Standards for Food Selection (policy 6230); Wellness Policy (policy 6240)

### Notes:

<sup>1</sup> Policy was developed by Cherokee County School Principals, School Health Coordinator, Director of Child Nutrition, and School Health Advisory Council using USDA food standard, American Heart Association Recommendations, and California Nutrition Standards.

<sup>2</sup> At the principal's discretion, may include flavored milks.

<sup>3</sup> i.e., Drinks that contain a maximum of 30 grams of sugar per 8 oz serving.